

Fold Line Fold Line

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<p style="text-align: center;">When do you take it?</p> <p style="text-align: center;"><i>1 in the morning 3 times/day</i></p>	<p style="text-align: center;">Dosage</p> <p style="text-align: center;"><i>2 mg 2 tablets</i></p>	<p style="text-align: center;">Prescriptions, herbs, vitamins, supplements, over-the-counter remedies</p> <p style="text-align: center;"><i>Examples: Coumadin Iums</i></p>
<p><small>Avoid the dangers of drug interactions with this simple chart. Bring it to your doctor or pharmacist when you consider adjusting the dosage of your medication, adding a new medication, supplement or over-the-counter health remedy. Remember to cross off medication you are no longer taking.</small></p>		

←-- Fold Line

Allergies

List anything you are allergic to, including any medications and supplements

Region 6 MDA



Thank you to Greenwich Hospital
for assistance in this design

MEDICATION WALLET CARD



Name _____

Doctor _____

Directions: Print on 8 ½ by 11 paper
 Cut out the above card
 Fill in all the necessary information
 Fold in half and then into thirds.
 This should fit nicely into your wallet and be ready whenever you need it.
 This medical information will be then be available to any medical
 personnel to assist you in any emergency.