

BETHEL PARKS & RECREATION

Activities for FALL 2015

Check out our
NEW PROGRAM REGISTRATION
At www.bethel-ct.gov

- *Go to the Parks and Rec. Department
- *Click on the NEW Program Registration Link
- ***Create your Family Account before September 12th!!**

Online registration opens
Saturday, September 12th
at 1:00pm

REGISTRATION DEADLINE: WEDNESDAY, SEPTEMBER 23, 2015

IN PERSON REGISTRATION BEGINS
SATURDAY, SEPTEMBER 12TH
From 9:00am-12:00pm

*****NO REFUNDS AFTER FIRST CLASS *****
Cancellations must be made in writing.



Like us on Facebook at Bethel Parks and Recreation

CLIFFORD J. HURGIN MUNICIPAL CENTER, 1 SCHOOL STREET, BETHEL, CT 06801
PHONE: 203-794-8531 • FAX: 203-778-7519

REGISTRATION INFORMATION

FALL REGISTRATION

DATE: SATURDAY, SEPTEMBER 12TH
TIME: 9:00 A.M. – 12:00 P.M. (IN PERSON)
LOCATION: PARKS & REC. G.P. ROOM
DEADLINE: Wednesday, SEPTEMBER 23RD

All participants must be registered before the first day of the program. Once a program has begun no registrations will be accepted.



OFFICE HOURS

8:30 a.m. – 4:30 p.m.

For your convenience, office hours will be extended until 6:00 p.m. on 9/14 & 9/15.

Please note: Excluding the dates listed above, the night staff is not permitted to take registrations or payments.

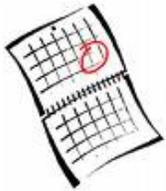
LATE FEE

A \$10 late fee per program will be assessed for all registrations submitted after the deadline date. *Programs may reach maximum capacity before the deadline date – early registration is recommended.*



NON-RESIDENT

Registrations for non-residents will not be accepted until September 16th for an additional \$15.00 fee per family each session.



AGE REQUIREMENT

Children must meet the age requirement within the session of the program for which they're registered. Proof of age may be required.



SENIOR CITIZEN DISCOUNT

Participants ages 60 and up are eligible for a \$10 discount, excluding trips and health/exercise classes under \$50.00.

All Bethel Parks and Recreation programs are inclusive. We are committed to assuring equal access to programs, activities and services to all individuals. During the course of our programs we may be, at times, taking photos or filming the activities and its participants for instructional purposes or Public Television. For more information, please contact the office at 794-8531.

CANCELLATION POLICY

If Bethel schools are closed or cancelled, all Parks and Recreation programs will be cancelled. Athletic fields may close due to inclement weather. Cancellation information may be obtained by calling us at 794-8531 and choosing option #1.

****Missed classes will be made up at the end of the session.****

WEEKEND CANCELLATIONS

Please contact your SPORTS ASSOCIATION or COACH.

Bethel Baseball Association

www.bethel-baseball.com

Bethel Youth Soccer Association

www.bethelsoccer.org

Bethel Softball Association

www.leaguelineup.com/bethelsoftball

Bethel Youth Lacrosse Association

www.bethellacrosse.com

Bethel Youth Football

www.bethelyouthwildcats.com

Bethel Youth Wrestling

www.BethelYouthWrestlingClub.com



REFUND POLICY /RETURN CHECK

Return check charge fee is \$28.00. All refunds are subject to a \$10 administration surcharge.

If the Parks & Recreation Department cancels a program a full refund is given. **No refunds will be given after the first class, unless extenuating circumstances arise.**

STAFF

EILEEN EARLE, DIRECTOR
RACHAEL MCGRATH, RECREATION SUPERVISOR
JANET BEOTE, SECRETARY
MAUREEN DEFAZIO, PROGRAM COORDINATOR

PARKS STAFF

TROY ANDROS
MATT HUNT
JIM ROBINSON

COMMISSION

MEGHAN O'CONNOR, CHAIRPERSON
LAURA FERGUSON
ANGELO FRANZESE
PAT MORTON
WILLIAM PULLAN
GARY REGAN
LOU VALENTI

PHONE: 203-794-8531

FAX: 203-778-7519

Employment

Bethel Parks and Recreation is accepting applications for *possible* openings. If you enjoy working with children, enjoy teaching sports games, or just want to work in the office, stop by the Park & Recreation Office to fill out an application. Applicants must be 16 years old. Application deadline is September 26th.

NYSCA Clinic & Background Checks

All parents interested in coaching or helping out with any sports **MUST** be certified by the NYSCA, and have a yearly background check. You may renew, add a sport or take the initial clinic online. You will need your membership number if you're currently certified.

You can find a link on how to get NYSCA certified, and the link to our online background check on our website:

1. www.bethel-ct.gov
2. Go to the Parks and Rec. Department
3. Under Additional Links click on "Coaches Certification and Background Check"



Please contact our office if you have any questions at 203-794-8542.

Special Events

Trick or Treat Street



Looking for some Halloween fun? On Saturday, October 31st from 11:00-11:45 a.m. Magician Danny Diamond one of Connecticut's premiere children's and family entertainment specialists will be here to entertain.

Combining his quick-witted comedy with some truly baffling magic - Danny Diamond creates an experience that appeals to the whole family!

The show will be in Municipal Center, and will start promptly at 11:00 a.m. After the magic show a Halloween Celebration will happen on the front lawn of the Municipal Center with local businesses, from 2-4pm.

For more information, call the Parks and Recreation office at 794-8531.

Adult Programs



Art for Adults

This is an art class for adults of various artistic levels. Instruction will be given on both an individual and class basis.

Beginner students are welcome and participants may work in the medium of their choice.

Contact Adele at 744-7690 with any questions.

Day: Monday Date: 9/28 - 11/23 (8 wks.)
Time: 7:00 – 9:00 p.m. No Class: 10/12
Fee: \$75.00 Place: Sr. Center Ceramics Room
Instructor: Adele Moros

Adult Programs, continued



Volleyball for Adults

An informal volleyball league for adults will be held at the Municipal Center Gym and will begin on Wednesday, October 7th. This program will run until May 4th 2015.

Day: Wednesday Dates: 10/7/15-5/4/16
Time: 8:00 – 10:00 p.m. No Class: 11/25, 12/30, 4/13
Fee: \$65.00 Place: Municipal Center Gym

Men's Over Forty-Basketball League



All players interested in the over forty league, contact Rich Zuvich at 788-1691. Sign-up is limited to the first 56 players.

Day: Sunday Starting Date: Sept. 13, 2015
Fee: \$100 per player Place: Municipal Center Gym

Co-Ed Adult Drop-in Soccer

Sunday mornings through the Fall. If interested please contact Michael Kerrigan at mpkerrigan@comcast.net

Co-Ed Adult Flag Football

Connecticut Sports and Social Club will be offering an Over 21 co-ed Flag Football League. Please go to: www.connssc.com for more information.

Body By Bethel

Have fun with a certified personal trainer leading you in a Total Body Workout designed to increase your strength, balance and flexibility. We use weights, medicine balls, steps, balance discs, and bands.

New participants must fill out a two-page health informational sheet. A physician's approval is recommended for all participants; however some participants might be required to have a physician's approval for attendance. Class size is limited.

Day: Tues. & Thurs. Dates: 9/29 -11/19 (16 classes)
Time: 9:00 – 10:00a.m. Place: Municipal Center Gym
Fee: \$85.00
Instructor: Penny Cidri

Shape UP-Get Ready

Get ready to tone your abs, arms, buns and legs and get a killer cardio workout using combinations of all types of weight work and cardiovascular challenges. The class provides overall physical conditioning that can improve endurance, strength, flexibility, coordination and balance.

Day: Tuesday Dates: 9/29 – 11/17 (8 classes)
Time: 6:00 - 7:00 p.m. Place: Municipal Center G.P. Room
Fee: \$45.00*

Day: Thurs. Dates: 10/1 – 11/19 (8 classes)
Time: 6:00 - 7:00 p.m. Place: Municipal Center G.P. Room
Fee: \$45.00*
Instructor: Laurie Leavy
Certified Personal Trainer

*Fee if signed up for both classes: \$85



Adult Programs, continued

Pilates

Strengthen core muscles through controlled movement and breathing. Pilates leads to improvement in posture, flexibility and body awareness. Modifications provided for all levels. Please bring a yoga mat, towel and one set of 2-5 pound weights.

Day: Wednesday Dates: 9/30 – 11/18 (8 wks.)
Time: 6:30 – 7:30 p.m. Place: Municipal Center Stage
Fee: \$80.00

Zumba

Ditch the workout, join the party! Zumba is a Latin-inspired, dance fitness class that incorporates Latin and international music and dance movements, which creates a dynamic, exciting and effective fitness system. An average class can burn from 500-800 calories!

This class is open to **ages 15 & up**. A minimum of 20 participants is required. Please wear aerobic fitness or dance sneakers and bring water and a towel.

Day: Monday Date: 9/28 -11/23 (8 wks.)
Time: 6:00 – 7:00 p.m. Place: Municipal Center G.P. Room
Fee: \$80.00 per individual
Instructor: Ariana Mesaros



Tai Chi Ch'uan - Breath, Relax, Enjoy

Learn the healing Art of Tai Chi and Qi Gong. This ancient Chinese system is a gentle form of physical exercise that consists of slowly flowing movements and shifts of balance that strengthen and condition the entire body.

These movements train you for balance and body awareness, leading to confident ease of movement in everyday life. Tai chi and Qi Gong is safe for all levels of physical ability! Receive the following benefits of practicing Tai Chi and Qi Gong regularly:

Reduced Stress	Gentle Aerobic Exercise
Reduced Blood Pressure	Improved Immune Function
Reduced Risks of Injury	More Efficient Breathing
Increased Bone Density	More Relaxed Mind.
Increased Hip, Leg, and Knee Strength	
Improved Balance and Range of Motion	

Ages: 18 & Over

Day: Thursday Dates: 10/1 – 11/19 (8 classes)
Time: 7:00 – 8:00 p.m. Place: Municipal Center Stage
Fee: \$85.00

Instructor: Nancy Ryan, 20 years experience studying and practicing Tai Chi and presently teaches weekly at Ann's Place – The Home of I CAN in Danbury.

Children's Self Defense



r.a.d (resist aggression defensively) **KIDS** is a personal empowerment safety education class for children. **grades k-3rd**, that strengthens family, encourages physical fitness and teach core safety values to live by through its program.

Fun, activity-based programs include lecture, safety drills, muscle memory exercises and dynamic simulation with a focus on personal safety at home and school, realistic defense against abduction, good-bad-uncomfortable touch, stranger awareness and personal empowerment.

Wear comfortable clothing and sneakers as there will be some low-impact physical activities. Class is LIMITED to 10.

Days: Tuesday Dates: 9/29 –11/17 (8 wks.)
Time: 3:30-4:30.p.m. Place: Rockwell School Cafeteria
Fee: \$15.00
Instructor: Detective Lynn Morris,
Bethel Police Dept.

Martial Arts

Lil Dragons (ages 5-6)**

Junior Beginners (ages 7-12)**

**** (These programs are ONLY available as a 1 time introductory program)**

This program will introduce your child to the great benefits of the martial arts like focus, discipline, respect, physical fitness, confidence, self-defense and safety. The drills and skills are age and maturity specific and the kids have a great time while doing it. **Class is twice a week.**

Days available: (MUST write down which 2 days)

Lil Dragons ages 5-6

Mon. 4:30-5:00
Tues. 5:45-6:15
Wed. 4:30-5:00
Thurs. 5:45-6:15
Fri. 4:30-5:00

Junior Beginners ages 7-12

Mon. 5:00-5:45
Tues. 6:15-7:00
Wed. 5:00-5:45
Thurs. 6:15-7:00
Fri. 5:00-5:45

Dates: 9/28 – 11/20
Fee: \$69 (6 weeks)

No Class: 10/12
Place: Karate America

Students must purchase a uniform from Karate America before starting the program; please call: 203-792-1050

Maximum: 20 students



Youth Sports

Youth Sports

Come join an after school youth sports program to introduce and play a variety of sports. Children **grades K-3** will learn a variety of sports such as soccer, floor hockey, kickball, and wiffle ball.

Each week will bring a new activity. Class sizes are limited.

Berry School

Grades K-1

Day: Wednesday Dates: 9/30 – 12/2 (8 wks.)
Time: 3:30 – 4:30 p.m. No Class: 10/21, 11/25
Fee: \$60.00 Place: Berry School Gym



Grades 2-3

Day: Tuesday Dates: 9/29 -11/24 (8 wks.)
Time: 3:30 – 4:30 p.m. No Class: 11/3
Fee: \$60.00 Place: Berry School Gym
Instructor: Park & Rec. Staff

Rockwell School

Grades K-1

Day: Monday Dates: 9/28 -11/23 (8 wks.)
Time: 3:30 – 4:30 p.m. No Class: 10/12
Fee: \$60.00 Place: Rockwell School Gym

Grades 2-3

Day: Thursday Dates: 10/1 – 12/3 (8 wks.)
Time: 3:30 – 4:30 p.m. No Class: 10/22, 11/26
Fee: \$60.00 Place: Rockwell School Gym
Instructor: Park & Rec. Staff



Tri- Sports



Attention boys and girls in **grades 4 and 5!** Come and enjoy an afternoon of sports. Participants will be able to choose from a variety of activities each week. Class size is limited.

NOTE: There is **NO** late bus transportation for students enrolled in this program.

Day: Tuesday Dates: 9/29 -11/24 (8 wks.)
Time: 3:00 – 4:00 p.m. No Class: 11/3
Fee: \$60.00 Place: Johnson School Gym
Instructor: Jeff Moscovitz

Youth Volleyball

A youth volleyball program for boys and girls in **grades 4-8**. This program will teach the basic skills of volleyball including serving, setting, bumping, etc. Instruction will take place first then games.

There is **NO** late bus transportation for students enrolled in this program.

Grades 4 - 8

Day: Wednesday Dates: 9/30 – 12/2 (8 wks.)
Time: 3:00-4:00 p.m. No Class: 10/28, 11/25
Fee: \$60.00 Place: Johnson School Gym
Instructor: Amy Gustitch

Gymnastics

Fun with Tumbling

This class is an introduction to all phases of gymnastics for children **3 & 4 years old**. Tumbling, vault, bars and beams will be explored. Children will be divided into groups and rotate among the equipment with instructors.

Note: This is a parent **drop-off** class and children must be potty trained.



3 year old

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 9:00 – 9:45 a.m. No Class: 10/10, 10/31, 11/28
Fee: \$55.00 Place: Municipal Center G.P. Room

4 year old

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 9:45 – 10:30 a.m. No Class: 10/10, 10/31, 11/28
Fee: \$55.00 Place: Municipal Center G.P. Room
Instructor: Becca Lienhardt



Fun with Gymnastics

This class offers further exploration on all four apparatuses in gymnastics. Children will be divided into skill levels and rotate in groups among floor, vault, beam and bars.

Girls in the **ages 7 & up** class are encouraged to wear leotards with shorts, pants or tights and wear long hair pulled back. Boys may wear typical gym attire.

Note: This is a parent **drop-off** class and children must be potty trained.

Ages 5 & 6

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 10:30–11:30 a.m. No Class: 10/10, 10/31, 11/28
Fee: \$65.00 Place: Municipal Center G.P. Room

Ages 7 & up

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 11:30–12:30 p.m. No Class: 10/10, 10/31, 11/28
Fee: \$65.00 Place: Municipal Center G.P. Room
Instructor: Becca Lienhardt



Tennis

Tennis

Bethel welcomes back Camp Director Greg Sansonetti, and his excellent adult staff for their 9th season of tennis instruction. Greg, based in Fairfield County, brings over 23 years worth of tennis teaching experience. There will be a ratio of 3-5 students per instructor with a minimum of 3 participants and a maximum of 15 per class.

All Tennis Instruction will take place at the Tennis Courts near the H.S. Baseball Field.

***Missed classes will be made up at the end of the session.**

Pee Wees - ages 3 - 4: Focus is on development of hand-eye coordination in fun game situations.

Day: Thursday Dates: 9/24 – 10/22 (5 wks.)
Time: 3:30-4:00 p.m. Fee: \$59.00



Junior Beginners/Advanced Beginner & Low Intermediate/Intermediate - ages 5-7 & 8-11:

Focus is on forehand, backhand, serve and volley in drills and game situations.

Day: Thursday Dates: 9/24 – 10/22 (5 wks.)
Time: 4:00-5:00 p.m. Fee: \$99.00

Juniors Bginner /Advanced Beginner & Low Intermediate/Intermediate - ages 8-11 & 12-15:

Juniors continue to develop their strokes and work toward developing their all-around game.

Day: Thursday Dates: 9/24 – 10/22 (5 wks.)
Time: 5:00-6:00 p.m. Fee: \$99.00

Adult Clinic - ages 15 & up: For the adult player looking to improve their strokes in game situations. **MIN 3/MAX 4**

Day: Saturday Dates: 9/26 – 10/24 (5 wks.)
Time: 9:15-10:30 a.m. No class: 10/10
Fee: \$129.00

Pee Wee Clinic - ages 3 - 4: Focus is on development of hand-eye coordination in fun game situations.

MIN 3/MAX 10
Day: Saturday Dates: 9/26 – 10/24 (5 wks.)
Time: 10:30-11:00 a.m. No class: 10/10
Fee: \$59.00

Junior Tennis Camp - All levels, ages 5-7 & 8-12:

Focuses on the forehand, backhand, volley and serve. Campers will also have the option to participate in cross-training sports for the last 20 minutes. Children should bring a small nut-free snack

Day: Saturday Dates: 9/26 – 10/24 (5 wks.)
Time: 11:00-1:00 p.m. No class: 10/10
Fee: \$145.00



Junior Tennis Clinic - Beginner/advanced Beg - Ages 13-16:

Day: Saturday Dates: 9/26 – 10/24 (5 wks.)
Time: 1:00-2:00 p.m. No class: 10/10
Fee: \$99.00

For more information on Bethel tennis programs, contact Greg at 203-414-9453 or Lorraine at 203-360-4294 or visit www.fairfieldcountytennis.net.
Cancellation line for after hours/Saturdays 203-283-5629

Art and Performance Programs

Children's Fine Arts



These exciting art classes cover everything from drawing to painting to sculpture to recyclable art and mixed media. Kids in **grades K-3** are invited to come get their creative juices flowing and join in the fun!

The instructor provides all supplies, so all you need to do is come to class! Our goal is to help develop your own style and most important, to have fun creation beautiful pieces of artwork that are an extension of your own individual creativity!

Day: Thursday Dates: 10/1 – 11/19 (8 wks.)
Time: 4:00 – 5:00 p.m. Place: Sr. Center Ceramics Room
Fee: \$75.00 (supplies included)
Instructor: Adele Moros

Art for Children

This exciting and creative art class is geared towards young artists in **grades 4 – 8** who love to draw and want to learn all sorts of drawing and painting techniques!

Students will have FUN using pastels, watercolors and tempera in development of their individual talents. Composition, design, color and technique are also emphasized. If you really want to improve your drawing and painting skills, then this is the class for YOU!

Day: Tuesday Dates: 9/29 – 11/17 (8 wks.)
Time: 4:00 – 5:30 p.m. Place: Sr. Center Ceramics Room
Fee: \$75.00 (supplies included)
Instructor: Adele Moros



American Red Cross

Babysitting Course

American Red Cross Babysitting Course for any youth **11 years old and up**. The intensive **1 day class** will offer students all the necessary tools to become a reliable and safe babysitter.

Students will learn basic childcare, safety precautions, child development, appropriate toys and more. Students will receive a handbook with all the information needed to serve as a reference.

Please bring a lunch and drink to class. Participants have to meet requirements of the course to receive certification.

Session1: Nov. 21
Day: Saturday Time: 9:00 – 3:00 p.m.
Fee: \$70.00 (supplies included)
Place: Senior Center Ceramic Room
Instructor: Peggy Boyle



American Red Cross

Dance Programs

Seven Star School of Performing Arts

The Seven Star School of Performing Arts is committed to today's complete performer. They care as much about training young performers as they do about educating responsible, dynamic leaders.

Dress Code

Girls, pink leotard with tights, pink ballet/jazz shoes, and tan tap shoes.

Boys, black shirt, black shorts or pants and black shoes.

All Classes will be on the Municipal Center Stage.

Broadway Babies

This introductory program for **ages 3-4 years** old is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dancing, singing and acting. The 2-hour class contains ballet, tap, tumbling, singing and acting. Please bring a light snack. There will be a parent observation during the last class of the session.

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 10:15 -12:15 p.m.

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 11:15 -1:15 p.m.

Fee: \$130 Instructor: Jacqueline Madera



Pre-Dance

This introductory class for children **ages 3-4 years** old is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dance. Basic ballet, tap and tumbling skills are offered in this one-hour class. There will be a parent observation during the last class of the session.

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 10:15 -11:15 p.m.

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 12:15 - 1:15 p.m.

Fee: \$85 Instructor: Jacqueline Madera

Hip Hop

This class will introduce a series of hip hop moves set to modern, trendy, and age appropriate music. **Dress Code** for both boys and girls: comfortable clothing and sneakers. There will be a parent observation during the last class of the session.

Ages: 5 – 7

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 5:30 – 6:15 p.m.

Ages: 8 – 11

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 7:15 –8:00 p.m.

Fee: \$65 Instructor: Jacqueline Madera



Dance programs, continued

Ballet, Tap, Jazz

Basic ballet, tap and jazz will be taught during this class. This is an introductory program designed to enhance coordination, rhythm and musicality. There will be a parent observation during the last class of the session.

Ages: 5 – 7

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 4:30-5:30 p.m.

Ages: 8 – 11

Day: Friday Dates: 10/2 -11/20 (8 wks)
Time: 6:15-7:15 p.m.

Fee: \$85

Instructor: Jacqueline Madera



Saturday Dance!

These dance classes from Seven Stars will run for **8 weeks**, and will conclude with a **parent observation during the last class.**

All classes will be on the Municipal Center Stage

Ballet & Tap

Basic ballet and tap will be taught during this introductory 8 week class for children ages 3 – 4. This class is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dance!

Ages: 4

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 9:00-9:45 a.m. No Class: 10/10, 10/31, 11/28
Fee: \$65

Ages: 3

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 9:45-10:30 a.m. No Class: 10/10, 10/31, 11/28
Fee: \$65
Instructor: Janet DePaul



Jazz & Hip Hop

Basic jazz moves will be taught, and hip hop moves set to modern, trendy, and age appropriate music.

Dress Code for both boys and girls is a black t-shirt, black shorts or pants and black sneakers.

Ages: 7 & older

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 10:30-11:30a.m. No Class: 10/10, 10/31, 11/28

Ages: 5 & 6

Day: Saturday Dates: 9/26 –12/5 (8 wks.)
Time: 11:30-12:30p.m. No Class: 10/10, 10/31, 11/28
Fee: \$85

Instructor: Janet DePaul



Toddler Programs (Parent stays)

Tot Tunes

This musical program is for children **18 months – 3 years old**. The children will learn songs, poems and finger plays, play rhythm instruments and move to music while developing rhythm, coordination and listening skills. **Parents will accompany the child in class.** Siblings are not allowed unless infant is in a carriage.

Day: Thursday Dates: 10/1 – 11/19 (8 wks.)
Time: 10:00 – 10:30 a.m. Place: Municipal Center Stage
Fee: \$55.00 Instructor: Julie Wax



Mix-it-Up

This NEW fun and exciting program will combine both arts and crafts with fun activities and is open to all **2- 2 ½ year old children and their parent**. It will be a great way for both you and your toddler to meet and make new friends.

Day: Friday Dates: 10/2 – 11/20 (8 wks.)
Time: 9:00-10:30 a.m. Place: Municipal Center G.P. Rm.
Fee: \$65.00 Instructor: Sharon DiBuono

Just You & Me – Fun With Games



Open to all **2– 2 ½ year olds**. This fun and exciting program will introduce games such as red light-green light, duck, duck goose, tag, parachute games and many more.

Come have an ACTIVE and fun time with your child in a safe and controlled environment.

Day: Wednesday Dates: 9/30 – 11/18 (8 wks.)
Time: 9:00 – 10:00 a.m. Place: Municipal Center Gym
Fee: \$55.00 Instructor: Sharon DiBuono

Preschool Programs (Drop Off)



Story Time Crafts

Children ages **2 ½ - 3 ½ years old** will enjoy a story followed by a related craft. Please note that **parents do not stay** for this program.

Children must be potty trained.

Day: Friday Dates: 10/2 – 11/20 (8 wks.)
Time: 10:30–11:45 a.m. Place: Municipal Center Gym
Fee: \$65.00 Instructor: Sharon DiBuono

Crafts on the Go

Children ages **2 ½ - 3 ½ years old** will enjoy a story and related craft followed by gym time. Please note that **parents do not stay** for this program.

Children must be potty trained.

Day: Monday Dates: 9/28 – 11/23 (8 wks.)
Time: 11:30 – 1:00 p.m. No class: 10/12
Fee: \$70.00 Place: Municipal Center Gym
Instructor: Sharon DiBuono

Preschool Programs, continued



Lunch Bunch

Children ages **2 ½ - 5 years old** bring lunch or a snack, eat with your friends and unwind on a fun afternoon filled with free play, art projects and other fun games.

It's all about fun! So come and have a good time.

Please note that **parents do not stay** for this program.
Children must be potty trained.

Day: Thursday Dates: 10/1 – 11/19 (8 wks.)
Time: 11:45 – 1:00 p.m. Place: Municipal Center Gym
Fee: \$65.00 Instructor: Sharon DiBuono



Games for Tots

Children ages **2 1/2 - 5 years old** will learn and play fun playground games. Come play games such as red light-green light, duck duck goose, tag, parachute games and many more.

Please note that **parents do not stay** for this program.
Children must be potty trained.

Day: Friday Dates: 10/2 – 11/20 (8 wks.)
Time: 12:00 – 1:00 p.m. Place: Municipal Center Gym
Fee: \$60.00 Instructor: Sharon DiBuono

Creative Movement

Enjoy a variety of activities from moving to various types of music, using the parachute, balls and beanbags, and introduction to letter, numbers, colors, craft projects and stories. Open to all **2 ½ - 5 year olds**, MUST be age by October 1st, 2015. **CHILD MUST BE POTTY TRAINED.**

Day: Monday Dates: 9/28 - 11/23 (8 wks.)
Time: 9:00 – 11:30 a.m. No Class: 10/12
Place: Municipal Center Gym Fee: \$85.00



Fun On The Run!!

Open to all **2 1/2 - 5 year olds**. This is an open gym/free play activity, where your child will have an opportunity to burn off some energy with all their friends.

Activity stations will be out in the gym, and children will have the freedom to move to each activity.

There will be some organized activities, such as parachute games, red light green light, and more!! **CHILD MUST BE POTTY TRAINED.**

Day: Monday Dates: 9/28 – 11/23 (8 wks.)
Time: 1:00-2:30 p.m. No Class: 10/12
Fee: \$55.00 Place: Municipal Center Gym

Day: Thursday Dates: 10/1 – 11/19 (8 wks.)
Time: 1:00-2:30 p.m. Place: Municipal Center Gym
Fee: \$55.00 Instructor: Sharon DiBuono

Preschool Programs, continued

Creative Tiny Tots

A creative preschool program for boys and girls ages 3-5, by **Dec. 31, 2015**, that will involve an introduction to letter, numbers, colors, craft projects, stories, games and music. All children must be potty trained to participate in this program. Children should bring a small snack with them.

Day: Tuesday Dates: 9/29 – 11/17 (8 wks.)
Time: 9:00 –11:30 a.m. Place: Municipal Center Gym

Day: Tuesday Dates: 9/29 – 11/17 (8 wks.)
Time: 12:00 –2:30 p.m. Place: Municipal Center Gym

Day: Wednesday Dates: 9/30 – 11/18 (8 wks.)
Time: 10:00 –12:30 p.m. Place: Municipal Center Gym

Day: Wednesday Dates: 9/30 – 11/18 (8 wks.)
Time: 12:30 –3:00 p.m. Place: Municipal Center Gym

Fee: \$85.00

Instructor: Sharon DiBuono



Preschool Programs, continued

Kindergarten Readiness Program

A fun filled program for preschoolers **5 years old, by December 31, 2016**. An Introduction to letters, numbers, cooperative games and other Kindergarten type activities will be offered.

Children should bring a small snack with them.
Class size is limited.

Day: Thursday Dates: 10/1 – 11/19 (8 wks.)
Time: 9:00 –11:30 a.m. Place: Municipal Center Gym
Fee: \$85.00



Day: Friday Dates: 10/2 – 11/20 (8 wks.)
Time: 1:00 –3:30 p.m. Place: Municipal Center Gym

Fee: \$85.00

Instructor: Sharon DiBuono



Season begins November 2nd, 2015 and runs thru mid April 2016

If your Fall sport runs long and you can't start on the first day of practice,
you can join the team when your sport season ends!

Practices from 6-8 p.m. in the BHS Wrestling Room of Bethel MS Gym

K thru 8 - All are Welcome!

**For more info. and to register for the upcoming season
log onto our website:**

www.BethelYouthWrestlingClub.com

WRESTLING SHOES & HEAD GEAR REQUIRED

Cost \$175 (family max \$300)

Great Off-season conditioning for Football, Lacrosse, Soccer and Baseball!

Boys and Girls Basketball League

REGISTRATION FOR IN-TOWN BASKETBALL WILL BEGIN ON SEPTEMBER 12TH AT THE PARKS AND RECREATION OFFICE AND WILL END ON NOVEMBER 7TH

****PLEASE USE THE INTOWN/TRAVEL BASKETBALL REGISTRATION FORM, NOT THE PARKS AND REC. REGULAR PROGRAM REGISTRATION FORM****

The Bethel Parks and Recreation Department is taking basketball registration for boys and girls in grades 2-8. The program is designed to introduce the game of basketball in a fun and positive environment. The season will begin on Saturday, December 5TH and will run through the end of February 2016. Schedule is subject to change based on registrations.

Practice days/times for grades 2 – 8 are subject to coaches and gym availability. The coaches' only meeting will take place on Saturday, November 14th for team selection and players will be contacted before December 1st regarding team placement. Coaches are still needed please contact the office.

PLEASE NOTE: THERE WILL BE NO COACH OR TEAMMATE REQUESTS HONORED AS IT IS TOO DIFFICULT TO COORDINATE WITH APPROXIMATELY 500 PARTICIPANTS.

BOYS LEAGUE

Senior League: A league for boys in grades 7 & 8. All games will be played on Saturdays at 8:00, 9:00, 10:00, 11:00, or 12:00. Full court games will take place at the Municipal Center.

Junior League: A league for boys in grades 5 & 6. All games will be played on Saturdays at 8:00, 9:00, 10:00, or 11:00 a.m. at Bethel Middle School.

4th Grade League: A league for boys in 4th grade. All games will be played on Saturdays between 8-1 depending on number of teams at Johnson School.

3rd Grade League: A league for boys in 3rd grade. All games will be played on Saturdays between 10-2 depending on number of teams at Johnson School.

2nd Grade League: A league for boys in 2nd grade. All games will be played on Saturdays between 10-2 depending on number of teams at Berry School.

GIRLS LEAGUE

Senior League: A league for girls in grades 6 - 8. All games will be played on Saturdays at 8:00, 9:00, or 10:00 a.m. at Bethel High School.

Junior League: A league for girls in grades 4 & 5. All games will be played on Saturdays at 8:00, 9:00, or 10:00 a.m. at Bethel Middle School.

2nd and 3rd Grade: A league for girls in grades 2 & 3. All games will be played on Saturdays at 8:00, 9:00, or 10:00 a.m. depending on number of teams at Berry School.

HIGH SCHOOL LEAGUE

9TH-12TH Grade: This is a Bethel Parks & Recreation basketball league for high school boys and girls. Open gym will begin in December, and games in January. Times will be announced in late November. Open gym and all games are at the Bethel Municipal Center. All Games are played on Sundays. **First open gym will be Sunday, Dec. 6th from 3:00-5:00pm in the Municipal Center.**

BASKETBALL FEE: \$ 75.00 Individual \$120.00 Family Fee



**LAST DATE TO REGISTER IS Monday, November 9th
AFTER THIS DATE YOU WILL BE PUT ON A WAITING LIST AND
A \$10 LATE FEE WILL BE ASSESSED.**



BETHEL RESIDENTS ONLY

All parents interested in coaching or helping out with any sports MUST be certified by the NYSCA. You may renew, add a sport or take the initial clinic online. You will need your membership number if you're currently certified. You can find out how to get certified by going to our website: www.bethel-ct.gov

Please contact our office if you are unable to view the video online at 203-794-8531.



Office use only
Amount pd:
Cash:
Ck#:
Entered: date:
Balance due:

INTOWN & TRAVEL BASKETBALL REGISTRATION

If you make the team, and choose to be a part of a Bethel Parks & Recreation travel team please be willing to make the **commitment to be there. We understand that there are a great deal of activities during the upcoming months, but please do not take a spot on the team if you feel you will not be able to fulfill the responsibilities involved. 🌟*

Please check appropriate group:

BOYS INTOWN _____ **GIRLS INTOWN** _____ **BOYS TRAVEL** _____ **GIRLS TRAVEL** _____

PROGRAM # (Intown only) _____ **INTOWN FEE: \$75.00, FAMILY FEE: \$120.00**
Checks payable to: Bethel Parks & Rec.

LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____

DATE OF BIRTH _____ GRADE _____

PARENT/GUARDIAN NAME(S) _____

EMAIL ADDRESS _____

HOME PHONE _____ WORK PHONE _____ CELL PHONE _____

EMERGENCY CONTACT (NAME & PHONE) _____

List any allergies your child has.

List serious illnesses, accidents or emotional difficulties, which may impact participation.

PLEASE LIST ANY DAYS YOUR CHILD CANNOT PRACTICE: (there is no guarantee we will be able to accommodate)

Waiver Agreement: I am fully aware of the risk inherent and hereby give the above named applicant my consent to participate in the program(s) listed above, and agree to hold harmless the Bethel Parks and Recreation Department, its employees, elected officials, or any volunteers or instructors from any and all liability from any injury, claims costs or loss of services which might be incurred by participation in said programs, activities, or events. Permission is hereby granted for any child/participant to receive emergency treatment, if needed and I authorize the attending physician to administer any necessary medical attention. Furthermore, I certify that my child/participant is in excellent health and that there are no limitations to his/her participation except as stated in writing above. I have read this document carefully and signed it voluntarily with full knowledge of its significance.

Participant/Parent/Guardian Signature: _____ Date: _____

If you are interested in coaching applications are available in the Park & Rec. office and must be filled out by Oct. 29th. If you would like an application sent to you please fill the following out:

Name _____ Grade to coach _____ Phone Number _____

Address if different from above _____

****PARENTS CODE OF CONDUCT ON BACK OF THIS FORM MUST BE READ AND SIGNED****



PARENT'S CODE OF ETHICS

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this PAYS Parents' Code of Ethics:

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.

I will place the emotional and physical well-being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.

I will remember that the game is for youth - not for adults.

I will do my very best to make youth sports fun for my child.

I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.

I will read the National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

Parent Signature

Date

© National Alliance for Youth Sports
2050 Vista Parkway
West Palm Beach, FL 33406
1-800-729-2057 / FAX (561) 681-9716 pays@nays.org

Bethel Parks & Recreation Travel Basketball Tryouts

Boys and Girls in **grades 5-8** can try-out for Travel Basketball Teams.
All try-outs will be held at the MUNICIPAL CENTER GYM.

TRY-OUT DATES - BOYS:

<u>GRADE 5</u>			<u>GRADE 6</u>		
Tues.	9/29	5:30 – 7:00 p.m.	Sat.	10/3	11:30-12:45 p.m.
Sat.	10/3	12:45-2:00 p.m.	Mon.	10/5	5:30 – 7:00 p.m.
<u>GRADE 7</u>			<u>GRADE 8</u>		
Tues.	9/29	7:15 – 8:45 p.m.	Sat.	10/3	9:00-10:15 a.m.
Sat.	10/3	10:15-11:30 a.m.	Mon.	10/5	7:15 – 8:45 p.m.



TRY-OUT DATES - GIRLS:

<u>GRADES 5 & 6</u>			<u>GRADES 7 & 8</u>		
Sat.	10/3	2:00-3:15 p.m.	Sat.	10/3	3:15-4:30 p.m.
Tues.	10/6	5:30 – 7:00 p.m.	Tues.	10/6	7:15 – 8:45 p.m.

****Please note that teams will be trying out for their age groups ONLY****

➤ **PLEASE SHOW UP 15 MINUTES PRIOR TO YOUR FIRST TRY-OUT TO CHECK IN.**

YOU MUST BE **PRE-REGISTERED** BY **SEPTEMBER 25th** in order to participate in try-outs. Try-outs on 10/3 are subject to change based on pre-registrations.

Payment is not required until teams are selected.

****PLEASE USE THE BASKETBALL REGISTRATION FORM FOR INTOWN/TRAVEL BASKETBALL
DO NOT USE THE REGULAR PARKS AND REC. PROGRAM REGISTRATION FORM****

YOU MUST ATTEND AT LEAST ONE OF THESE DATES TO BE CONSIDERED FOR THE TRAVEL TEAM.



Coaches applications are being accepted for 5th grade *girls and boys* teams.



1. Try-outs are open to all, and previous participation DOES NOT guarantee a spot on the current team
1. Travel teams will consist of 10 – 12 players per team.
2. Travel team fee is \$300.00*
***PLEASE NOTE:** Uniforms will be purchased by the participants – they will be yours to KEEP. The Uniforms are \$75.00 and is included in the team fee. If your child makes the travel team in upcoming years it will be YOUR OPTION to purchase a new uniform. If a new uniform is not needed in the upcoming years the fee will be for participation ONLY. Participation fee will change year to year based on the cost of league entry and referee fees.
3. The week following the second day of tryouts, players will be informed of their status in a letter.
4. Parents will be required to attend a **Mandatory** Parents meeting if their child makes the team.
5. Individuals will be ranked by outside evaluators.
6. Travel Basketball is a serious time commitment. League rules stipulate that:
 - “Players (other than injury exceptions) MUST have played in at least 75% of the FCBL League games to be eligible for playoffs.”
 - “Teams with more than 1 forfeit are not eligible for playoffs & will be expelled from the league if it has 2 forfeits in one season.”
7. Coaches are only required to play athletes for a minimum of 2 minutes per game. Bethel is one of just a handful of towns that require minimum playing time.

SEPTEMBER-NOVEMBER, 2015 PROGRAMS AT THE BETHEL PUBLIC LIBRARY

Sept. 2	6:30-8:05 pm	Classic Movie: A Good Woman. Rated PG.*
Sept. 3	6:00-7:45 pm	Teen Program: Arduino #1. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Sept. 9	6:30-7:45 pm	Quarterly Classic Book Discussion: Lady Windermere's Fan by Oscar Wilde
Sept. 10	6:00-7:45 pm	Teen Program: Arduino #2. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Sept. 10	6:00-7:50 pm	Movie Screening: Age of Adaline. Rated PG-13.*
Sept. 14	6:30-7:45 pm	Evening Book Discussion at the Library: Swimming to Antarctica by Lynne Cox
Sept. 16	6:00-7:45 pm	Writing Group for Adults age 21+. Limited to 10 attendees*
Sept. 16	6:00-8:00 pm	Teen Movie: Maze Runner. Sponsored by the Friends of the Library.*
Sept. 17	6:00-7:45 pm	Teen Program: Arduino #3. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Sept. 19	2:00-3:20 pm	Movie Screening for the Family: Monkey Kingdom. Rated G.*
Sept. 21	6:00-7:45 pm	Flower Arranging for All. Sponsored by the Bethel Public Library Board of Directors.*
Sept. 24	6:00-7:45 pm	Teen Program: Arduino #4. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Sept. 24	7:00-8:00 pm	Historic Songs of American Work & Trade with Rick Spencer. Sponsored by the Bethel Public Library Board of Directors.*
Sept. 30	10:15-11:30 am	Morning Book Discussion at the Library: Swimming to Antarctica by Lynne Cox
Sept. 30	10:30-11:00 am	Pre-School Storytime-Kids Ages 3-5 without adults. No registration required.
Sept. 30	6:30-8:00 pm	Memoir Open Mic Reading*
Sept. 30	6:30-7:30 pm	Page's Chess Club-Kids Grades 1-3 who understand rules of the game.*
Oct. 1	6:00-7:45 pm	Teen Program: Arduino #5. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 2	10:30-11:00 am	Terrific Twos Program-2 year olds with an adult (siblings cannot attend). No registration required.
Oct. 3	10:30-11:00 am	Family Storytime-Kids ages 3-8 accompanied by their parents/caregivers and siblings. No registration required.
Oct. 5	6:30-7:00 pm	PJ Storytime-For kids ages 3-5 without adults. No registration required.
Oct. 5	6:30-7:45 pm	Device User's Support Group for Kindle*
Oct. 5	6:30-7:45 pm	Evening Book Discussion at the Library: I Am Malala by Malala Yousafzai
Oct. 7	10:30-11:00 am	Pre-School Storytime-Kids ages 3-5 without adults. No registration required.
Oct. 7	6:15-7:45 pm	Middle School Creative Writing #1. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 7	6:30-8:00 pm	The Not-So-Good Life of the Colonial Goodwife*
Oct. 8	6:00-7:45 pm	Teen Program: Arduino #6. Sponsored by the Connecticut State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 10	10:15-11:30 am	Teen Crafts*
Oct. 14	10:30-11:00 am	Pre-School Storytime-Kids ages 3-5 without adults. No registration required.
Oct. 14	6:15-7:45 pm	Middle School Creative Writing #2. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 14	6:30-7:30 pm	Knight's Chess Club-Kids Grades 4-7 who understand the rules of the game.*
Oct. 15	7:00-8:00 pm	Friends of the Bethel Public Library Meeting and Program*
Oct. 16	10:30-11:00 am	Terrific Twos Program-2 year olds with an adult (siblings cannot attend). No registration required.
Oct. 18	2:00-3:00 pm	Books and Bricks-For kids in grades 1-4.*
Oct. 19	4:00-5:45 pm	Teen Program: Introduction to 3D Printing. Sponsored by the CT State Library (CSL) and the Institute for Museum & Library Services.
Oct. 21	10:30-11:00 am	Pre-School Storytime-Kids Ages 3-5 without adults. No registration required.
Oct. 21	6:15-7:45 pm	Middle School Creative Writing #3. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 21	6:00-7:45 pm	Writing Group for Adults age 21+. Limited to 10 attendees*
Oct. 23	10:30-11:00 am	Terrific Twos Program-2 year olds with an adult (siblings cannot attend). No registration required.
Oct. 27	10:3 am-4:00 pm	"Mostly Ghostly" Halloween Activity Day-Kids ages 2-8-Crafts and games-No registration required.
Oct. 28	10:15-11:30 am	Morning Book Discussion at the Library: I Am Malala by Malala Yousafzai
Oct. 28	10:30-11:00 am	Pre-School Storytime-Kids Ages 3-5 without adults. No registration required.
Oct. 28	6:15-7:45 pm	Middle School Creative Writing #4. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Services (IMLS).*
Oct. 28	6:30-7:30 pm	Page's Chess Club-Kids Grades 1-3 who understand the rules of the game.*
Oct. 29	7:00-8:00 pm	Witchcraft Panic in Connecticut. Sponsored by the Friends of the Library.*
Oct. 30	10:30-11:00 am	Terrific Twos Program-2 year olds with an adult (siblings cannot attend). No registration required.
Oct. 31	10:30-11:00 am	Family Storytime-Kids ages 3-8 accompanied by their parents/caregivers and siblings. No registration required.
Oct. 31	3:00-4:00 pm	Teen Program: Makeup Magic. Sponsored by the Friends of the Library.*
Nov. 2	5:00-6:00 pm	Teen Program: Improv #1 with InnerACT Theatre, Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Ser.
Nov. 2	6:30-7:45 pm	Device User's Support Group for iPad*
Nov. 3	1:30-3:00 pm	Kids Movie Day.*
Nov. 4	10:30-11:00 am	Pre-School Storytime-Kids Ages 3-5 without adults. No registration required.
Nov. 4	7:00-8:00 pm	Holiday Cooking Show with Sandy Daniels. Limited to 50 attendees*
Nov. 9	5:00-6:00 pm	Teen Program: Improv #2 with InnerACT Theatre, Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Ser.
Nov. 9	6:30-7:45 pm	Evening Book Discussion at the Library: Dracula by Bram Stoker
Nov. 12	5:00-6:45 pm	Teen Program-Introduction to 3D Printing. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Services.
Nov. 12	7:00-8:00 pm	The Suffrage Movement in Connecticut*
Nov. 15	2:00-3:00 pm	Books and Bricks-For kids in Grades 1-4.*
Nov. 16	5:00-6:00 pm	Teen Program: Improv #3 with InnerACT Theratre, Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Ser.
Nov. 16	6:30-7:00 pm	PJ Storytime-For kids ages 3-8 without adults. No registration required.
Nov. 18	10:15-11:30 am	Morning Book Discussion at the Library: Dracula by Bram Stoker
Nov. 18	6:00-7:45 pm	Writing Group for Adults age 21+. Limited to 10 attendees*
Nov. 18	6:30-7:30 pm	Combined Chess Club-Kids Grades 1-7 who understand rules of the game.*
Nov. 18	6:30-8:00 pm	College Program for Teens. Sponsored by the Friends of the Library.*
Nov. 23	5:00-6:00 pm	Teen Program: Improv #4 with InnerACT Theatre. Sponsored by the CT State Library (CSL) and the Institute for Museum and Library Ser.



Most programs take place in the Maria Parloa Community Room, Cady R. Morse Conference Room,
and the Children's Programming Room at the Library, 189 Greenwood Avenue.
Call 203-794-8756 for more information, or go to the Library's website at www.bethellibrary.org.
All programs sponsored by the Bethel Public Library are open to the public, and meet accessibility requirements for the disabled.



Those needing special accommodations should contact the library at least two weeks prior to the program date to make arrangements.