



# COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street  
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for December 10, 2012 was called to order at 2:29 p.m. by Chairman Al Barney.

Members present: Commissioners Al Barney, Mary Menti, Barbara Negri and Senior Center Director/Municipal Agent Lisa Plumb.

**Minutes from the meeting of November 13, 2012:** Distributed. A motion was made to accept the report by Commissioner Cummings and seconded by Commissioner Menti.

**Municipal Agent's Report:** Distributed by Municipal Agent Lisa Plumb. A motion to accept the report was made by Commissioner Negri and seconded by Chairman Barney.

**Director's Report:** Distributed by Director Lisa Plumb. A motion to accept the report was made by Chairman Barney and seconded by Commissioner Menti.

**Treasurer's Report:** None.

**Old Business:** - Budget items were discussed. Director Plumb stated that the new stove is priority. Commissioner Negri mentioned the subscription to the News Times. It was determined that one five day weekly subscription would be submitted. Director Plumb stated that she would like to get a van for transportation of the seniors to and from doctor's appointments.

- Director Plumb brought up the subject of accreditation of the senior center again. Discussion followed and it was concluded that Director Plumb will continue to research the procedures to make that happen.

**New Business:** - Director Plumb stated that she will hold another round table meeting in January.

**Miscellaneous (Good of the Order):** None.

The meeting was adjourned at 3:20 p.m. by Chairman Barney. Next scheduled meeting is 2:30 p.m. on Monday, January 14, 2013.

Respectfully submitted,

Kay H. Visconti  
Secretary, Commission on Aging

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TOWN OF BETHEL  
TOWN CLERK

# BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center  
1 School Street, Bethel, CT. 06801  
Telephone: 203-792-3048; Fax: 203-744-3812

## Report to the Commission on Aging Bethel, CT.

Date: 12-10-12

### MUNICIPAL AGENT REPORT

The following inquiries were received during the month of November/December:

- 11-19-12 Inquiry about housing options.
- 11-20-12 Request transportation to/from doctor's appointments.  
Request Medicare Part D information.
- 11-27-12 Loaned shower bench
- 12-4-12 Donation of several items: wheelchair, shower bench, 3 walkers.
- 12-4-12 Danbury Hospital referred a Bethel resident to our "Kathy's closet". The Case Worker stated there are few places that loan equipment and that the service that we offer is very much appreciated. The Bethel resident borrowed a walker and commode.

Respectfully submitted,



Lisa Plumb  
Municipal Agent

# **BETHEL SENIOR CENTER**

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1 School Street, Bethel, CT. 06801  
Telephone: 203-792-3048; Fax: 203-744-3812

## **Report to the Commission on Aging Bethel, CT.**

Date: 12-10-12

### **OLD BUSINESS**

- The painting has been completed in the hallway by the volunteers. The trim of the doorways and elevator needs to be completed. The color is tan and is warm and inviting.
- The volunteers who have been volunteering at BSC since July 2012 daily were recognized with an appreciation party on 12-7-12. They were presented with a gift card that was generously given by the Friends of the Seniors as well as a BSC bag, candy and a card.
- The coat drive has come to an end. Many coats, as well as scarves, hats, gloves were taken by members and some people walking through the Municipal Center. It was a good program and ideal location for people to look at the coats discreetly. The remainder of the coats were donated to a charity in Danbury. This charity held its own coat drive Thanksgiving weekend and the remainder of the coats BSC collected were used there. This charity was run by one of our members son's.
- A barbecue grill was generously purchased by the Friends of the Seniors taking advantage of off season prices. The grill was used during the shelter in October and worked beautifully. The propane tank does not have a spot on site to be stored. The building supervisor asked if the Director would store it at her home until a solution could be found to store it at the Municipal Center.
- Lisa spoke to Heather concerning the problem at the Veteran's breakfast. The food was served late and it was recommended that eggs, bacon, sausage and toast be served. Blitzes were served and delicious, however, the Veteran's preferred a simple egg breakfast.

### **NEW BUSINESS**

- Walnut Hill Community Church invited the BSC to their annual Christmas show after Lisa requested if the BSC could be invited to the dress rehearsal free of charge. 15 members attended. Four members who do not drive at night carpooled together with the Director. The show was excellent and the members were both impressed and appreciative of the opportunity to attend.
- Tony Rubino from Stony Hill Inn donated 11 beautiful mauve chairs to the BSC. The chairs are being used in the hallway to replace two older chairs that were sold in the Holiday Shoppe and in the library and hallway. Members have commented "the areas look comfortable" and "home-like".

- The Holiday Shoppe was held as a two day event this year. The Shoppe featured a White Elephant booth, baked goods, quilt raffle, lunch, handmade items, and outside vendors. Several members commented they enjoyed the outside vendors and the expansion of the Shoppe. The total earned was \$234. more than last year. In addition, the teen center assisted the BSC by donating baked goods the teens made and the Teen Center ran a photo with Santa fundraiser.
- The Bethel Library is sharing a room at the Senior Center one time monthly while their construction project is underway. The BSC welcomes the library staff and its members and programs and is pleased the BSC is being introduced to new people in the community.

### **New programs (for December / January)**

1. Healthy Cooking for Seniors - low attendance. A group that gathered after the program enjoyed tasting the lasagna once it had been prepared. Members took the recipes that had been copied.
2. Cookie Baking program - low attendance (8).
3. Author Book Signing - Joseph Farris. Scheduled for 12/13.
4. Country Dancing - free introductory lesson. One new couple.
5. Book Club - 8 members attended. Instructor, Director of the Bethel Library, very pleased with the discussion and attendance. The last class was held in the computer room and worked out well. The room was warm and needed to be cooled prior to the class.
6. Computer Class - The computer teacher suddenly quit teaching the class due to other business commitments. This is a popular program that continues to grow each month and maintains a waiting list for 1-2 months in advance. A new computer teacher was found and will begin teaching the free class in January. Classes are full for January and a waiting list is started for February.
7. Genealogy- a free genealogy course will be offered in January to trace a person's heritage / ancestry.
8. A free old fashion sing-a-long will be held with a retired music teacher who offered to volunteer for the program on Thursday, December 20.
9. A local author and BSC member will have a book signing Thurs., Dec. 13.
10. Our annual Holiday Party is scheduled for Fri., Dec. 14.
11. An informational technology program is being held at BHS on Wed., Dec. 12. The students will answer questions and teach BSC members how to use equipment such as a kindle, IPAD, IPOD, laptop, MG3 player, computer, I-phone, etc...

### **Upcoming trips for December:**

- The Mohegan Sun Casino trip scheduled for Dec. 4 was cancelled due to low attendance. The trip is re-scheduled for Feb. 7, 2013.
- A trip is scheduled to Westchester Dinner Theatre to see Tony Kenny on Dec. 18.
- A trip to Westchester Theatre to see the play, "The Heights" is scheduled for Feb. 28.

**Volunteer Program**

6 Volunteers from Danbury Healthcare continue to volunteer at BSC.

1 adult volunteer works weekly.

Students from the Bethel Middle School presented a string concert at the BSC on 12/6. It was excellent. Dr Smith, Superintendent and Matt Knickerbocker, Selectman attended.

**Accidents / Incidents**

None reported.

**Attendance**

Week of 11-5-12	469 attended weekly
11-12-16	372 (holiday - Monday closed)
11-21-12	167 (closed Thursday, Thanksgiving and Friday 11/21)
11-26-12	462
12- 3-12	450
Average for the month:	384

**REQUESTS**

The following items have been requested from the Friends of the Seniors:

- Office wheeled 3-shelf cart
- (2) Electric Griddle
- Wii games
- Coffee Pot - replacement (other pot broke)
- VCR / DVD player
- Newspaper subscription.

Submitted By: *Lisa Plumb*

**Lisa Plumb, Senior Center Director / Municipal Agent**