



COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for April 8, 2013 was called to order at 2:35 p.m. by Chairman Al Barney.

Members present: Commissioners Al Barney, Mary Menti, Barbara Negri, Judy Novachek and Senior Center Director/Municipal Agent Lisa Plumb.

Minutes from the meeting of March 11, 2013: Distributed. A motion to accept the report was made by Treasurer Novachek and seconded by Chairman Barney.

Municipal Agent's Report: Distributed by Municipal Agent Lisa Plumb. A motion to accept the report was made by Chairman Barney and seconded by Commissioner Negri.

Director's Report: Distributed by Director Lisa Plumb. A motion to accept the report was made by Commissioner Novachek and seconded by Commissioner Negri.

Treasurer's Report: Distributed by Treasurer Novachek. A motion to accept the report was made by Chairman Barney and seconded by Commissioner Negri. A discussion followed.

Old Business: Director Plumb stated that the new gas stove for the cafeteria kitchen needs casters (which are required by law) and they have been ordered. She also had the exhaust fan cleaned per required regulation. She stated that she is still waiting for delivery and has planned for a smooth transition.

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TOWN OF BETHEL
TOWN CLERK

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New Business: - Director Plumb stated that she is looking into a new sound system for the center.

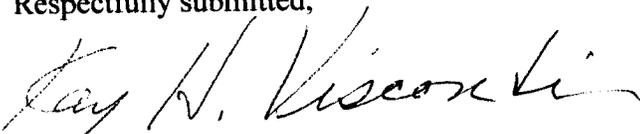
-Treasurer Novachek stated that the blinds in the lunch room are broken. Director Plumb also stated that the blinds in the craft room and library are difficult to open. It was determined that the blinds should be repaired and the director would contact the company that installed them.

- Director Plumb stated that she is introducing more trips and afternoon programs to attract new people. The public service station channel 23 was suggested as a marketing tool. Director Plumb stated that she has put ads on the channel and has been in contact with them.

Miscellaneous (Good of the Order): None.

The meeting was adjourned at 3:35 p.m. by Chairman Barney. Next scheduled meeting is 2:30 p.m. on Monday, May 13, 2013.

Respectfully submitted,

A handwritten signature in cursive script that reads "Kay H. Visconti". The signature is written in black ink and is positioned above the printed name and title.

Kay H. Visconti
Secretary, Commission on Aging

BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center
1 School Street, Bethel, CT. 06801
Telephone: 203-792-3048; Fax: 203-744-3812

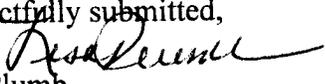
MUNICIPAL AGENT REPORT

4-8-13

1. Several adaptive equipment items have been both borrowed and donated the past month. People remain very grateful for the service.
2. Three Meals on Wheels referrals were given out.
3. Lisa completed the Choices training course that the South Western Ct Area Agency on Aging offered. This course focuses on Medicare, Medicaid and State and Federal programs. Lisa is taking a second course at Western Ct Area Agency on Aging in May.

No additional information to report at this time.

Respectfully submitted,


Lisa Plumb
Municipal Agent

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Report to the Commission on Aging Bethel, CT.

Date: 4-8-13

OLD BUSINESS

- Western CT Area Agency on Aging visited the BSC on 3/15 to display a variety of adaptive devices. The Agency stated they usually do a presentation with the equipment and agreed to come back for the Senior Information Fair.
- The trip to Pratzel Brauhaus was on March 14. 26 members attended. People loved the food and entertainment. Feedback from the members stated, "it was a great trip."
- We held movies each Monday in March.
- The Card Party date has been changed and will be decided at the April 'Friends of the Seniors' meeting.
- The stove has been ordered but not received yet. The old stove will be removed when the new stove is delivered.

NEW BUSINESS

- New ideas

The BSC will be offering three new programs in the month of May. Eileen Byrnes will begin her popular Balance class once again. We will be offering a Ballroom Dance for One, which is an exercise class, and Zumba Gold in the Afternoon. At our staff meeting we discussed that many members leave the BSC to go to area Senior Centers to take afternoon exercise classes. We are offering these classes to encourage members to stay at the BSC.

- New programs

We started three new programs this month: Set Back, Line Dancing, and Muscles & Motion. Set Back is a volunteer-run program and is free. They had three tables of players the first session. Line Dancing has a new teacher that was well received. There are 11 participants. Muscles & Motion is an exercise program using bands and light weights. There is a new teacher. We had 8 members sign up.

- With the new programs offered we had every room filled this past Tuesday. It was wonderful to see many people using the BSC and the space filled to capacity. It has come to our attention that some members do not know how to use public transportation and are intimidated by the routes. We have planned a day for the HART bus Community Outreach person to visit the BSC and give a presentation including a short video on the routes, and tips on using the bus. After the presentation we will have lunch and ride the bus together. This program will be Thursday, May 23.

- We will have a Poetry, Creative Writing, Drama presentation in the afternoon on May 22, Wednesday. Light refreshments will be served to celebrate Older Americans month.
- The budget was presented to the Board of Finance for the 2013 - 2014 fiscal year. Requests were made to reinstate the \$2000. dues and education budget from the previous year that had been cut. This would allow the Director and possibly staff to attend annual conference and training seminars. In addition, 5 computers, an IPAD and a kindle were requested for purchase. The I.T. Department replaced our 5 old computers this month with 5 newer computer, recycled from the school system.

○ **Upcoming Special Events / Programs**

Tag Sale at the BSC - \$ 10./table, Friday, April 26.

Cinco de Mayo lunch - Friday, May 3

Mother's Day Luncheon - Friday, May 10

BBQ to celebrate Older Americans Month, Billy Michael performs - Friday, May 17

Bus Ride and Training - Thursday, May 23.

AARP Safe Driving Course- Thurs., June 13.

Picnic at Bennett Park - Friday, June 14.

○ **Upcoming trips for BSC:**

April 9 - Mohegan Sun Casino; April 22 - Judy Garland Impersonator at Aqua Turf, Southington, CT.

May 7 - Duprees at the Aqua Turf.

June 4 - Foxwood Casino.

Attendance: 3/11/13 - 3/15/13= 445; 3/18 -3/22=478; 3/25-3/29= 391; 4/1-4/5 = 474
Average attendance per week = 447.

Accidents / Incidents

One member became weak while in the bathroom. She was unsure how to use the emergency pull cord. When she came out of the bathroom she was visibly shaken. She reported she had not eaten. The time was 1:00 p.m. Staff gave her a soda, peanut butter and jelly sandwich and jello. She reported she was feeling better.

REQUESTS for the Senior Center:
 Music system for the cafeteria.

Respectfully Submitted By:



Lisa Plumb, Senior Center Director