

YOUTH COMMISSION

CJH MUNICIPAL CENTER

PRO-ACCESS TEEN CENTER

1 SCHOOL STREET

January 21, 2013

6:45 PM

REGULAR MEETING

MINUTES

RECEIVED

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TOWN OF BETHEL
TOWN CLERK

PRESENT:

Chairman, Richard Merritt, Members: Lisa Bergh, Kristin Nauheimer, Nicole Struth, Kate Shea, Jane Kraver, and ex-officio member, Chris Phelps

Also present: Pro-Access Director, Hilda Delucia, Assistant Director Claudia Fortunato, and Robert DeLetis.

Absent: Bob Korin, and Brooke Ferraro, Student Advisory Member

Chairman Rich Merritt called the meeting to order at 6:46 PM

PUBLIC COMMENT: Rob DeLetis has the opportunity to set up another prison visit this year. July being the optimum time.

ANNOUNCEMENT: Chairman Merritt was happy to report that all members with their terms coming due to expire were reappointed by the Board of Selectmen. Their current terms now expire January 5, 2015.

CORRESPONDENCE: Hilda read a thank you letter from "Off the Streets" in response to the donation of \$275.00 to their organization from the Pro-Access Teen Center.

People's magazine's subscription has come to an end, as this was a gift subscription, Hilda opted not to renew. A donation of a subscription is requested.

APPROVAL OF MINUTES: Lisa Bergh made a motion to accept the minutes of December 17, 2012. Motion was seconded by Kristin

Nauheimer. Vote, all in favor, motion passes. Kate Shea and Jane Kraver abstained.

DIRECTORS REPORT: Claudia Fortunato presented the Directors Report. (See attached).

The center has been used over 42 times for the tutoring program. The "Pit Stop Coffee Shop" has been operational now for 3 weeks. The first week a profit of \$20.00 was realized, second week \$31, which included a donation. And the last week, \$31.00 without a donation. This seems to be catching on. It is currently operational from 7:45 AM thru 12:00 PM.

Lock-In to be held this Friday, the fee for this will be \$15.00. Tickets will be sold.

The Women's Center is sponsoring a presentation on dating violence (see attached) the speaker is a girl who went through the experience. It is a very powerful presentation. It will be held February 12, 2013 from 7 PM - 9PM. This is the same night as the Regular Meeting of the Youth Commission therefore a decision was made to hold a Special Meeting at 6:00 P.M. with the presentation to follow.

Tubing in Woodbury will be held in February at a cost of \$25.00.

Hilda reported having spoken to First Selectman Knickerbocker regarding her transitioning out of the position of Teen Center Director. Hilda has recently suffered a health issue and with the stress of working 3 jobs, it has taken its toll on her. Over the next several months a major portion of the responsibility will be transferred to Claudia Fortunato, Assistant Director.

With this in mind, Hilda requested that members of the Youth Commission take on the responsibility of certain projects as in assisting if necessary.

NEW BUSINESS: Chairman Rich Merritt thanked Nicole Struth for her service on the Youth Commission. Nicole submitted her resignation. She will be moving to Washington State to pursue a career opportunity. The Youth Commission supports the placement of Robert DeLetis in Nicole's position. Lisa will contact Democratic Chairman and also the First Selectman's office.

The next meeting of the Youth Commission will be a Special Meeting held on February 12, 2013 at 6:00 P.M.

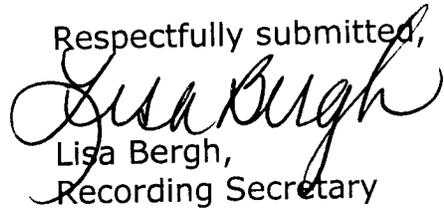
UNFINISHED BUSINESS: At the March meeting of the Youth Commission, Ex-Officio Members to be discussed.

ADJOURN:

Nicole Struth made a motion to adjourn; the motion was seconded by Kate Shea. Vote, all in favor, motion unanimously approved.

Meeting adjourned at 7:34PM

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Lisa Bergh". The signature is written in a cursive style with a large, looping initial "L".

Lisa Bergh,
Recording Secretary

Red Flags

You can help!

DATING VIOLENCE

Warning signs that your relationship may be unhealthy:



- Excessive jealousy
- Telling you what to wear
- Possessiveness
- Blaming you (not taking responsibility)
- Telling you who to hang out with
- Excessive contact (texting, calls)
- Silent treatment
- Put-downs
- Head games
- Insults, name calling, criticism
- Humiliation
- Threats
- Isolation from family and friends
- Guilt

If you know someone who is in an abusive relationship:

- Remind them it is NOT their fault.
- Offer to go with them to get help (counselor, family member, hospital, police station)
- Remind them that they deserve better.
- Let them make their own decisions.
- Talk about what is healthy in a relationship.
- Call the Women's Center for advice or just to talk.



Do you know the warning signs?



The Women's Center is here to help

The Women's Center provides free counseling and support to victims of sexual assault, domestic violence and other major life transitions. If you would like more information call:

The Women's Center Helpline: 203-731-5200

Domestic Violence Hotline: 203-731-5206

Sexual Assault Hotline: 203-731-5204

ALL SERVICES ARE FREE AND CONFIDENTIAL



wcogd.org

Serving families and the community
WOMEN'S CENTER
since 1975



What is Dating Violence?

Dating violence is a pattern of repeated coercive and abusive behaviors by one person in a dating relationship to his/her partner. It is when one person in a dating relationship uses abuse to have **power and control** over the other. Abuse can take many forms.

Types of Abuse:

Physical: hitting, punching, grabbing, shoving, restraining, using weapons, kicking, burning, biting



Verbal: put-downs, name calling, criticizing, mocking, yelling/screaming, swearing, spreading rumors



Emotional: guilt trips, ignoring, threats, mind games, intimidation



Am I being abused?

Does your partner:

- Demand to know where you are at all times?
- Consistently ridicule or insult you?
- Hit, slap, punch, shove, or kick you?
- Tell you the abuse is your fault?
- Get very jealous if you talk to other people?
- Manipulate you with lies and promises?
- Use alcohol/drugs as an excuse for violence?
- Threaten to harm you or himself/herself if you end the relationship?
- Have a history of abusive relationships?
- Pressure you for sexual activity?

How does your partner make you feel?

- Do you feel you don't have the right to say no?
- Are you afraid to disagree?
- Have you stopped spending time with family and friends?
- Do you feel responsible for the abuse?
- Do you have to get permission to go places?
- Do you make excuses for his/her behavior?
- Are you afraid to end the relationship?

Females ages 16-24 are at the highest risk of any group for dating abuse. Males are also victims of dating abuse. Dating violence occurs in all social classes, cultures, races, religions. Individuals in same sex relationships are just as likely to experience dating abuse as those in opposite sex relationships.

If you are in an abusive relationship:



Don't blame yourself. Regardless of what your partner says, abuse is never your fault.

Don't ignore the problem. It will not go away on its own. The sooner you understand and confront the situation, the sooner you can take steps to change it and make yourself safe.

Talk to someone. Part of the abuser's power comes from secrecy. Victims are often ashamed to let anyone know about their intimate problems. Go to a friend, family member, or call the Women's Center to talk to a counselor.

Plan ahead and know what you will do the next time you are abused.

Directors report January 21, 2013

New and Renewal Memberships

	7 th	8 th	9 th	10 th	11 th	12 th	total
New	2	2	2				6
Renewal			2		1		3

Programs in December to January

Classic Nails	12-18-12	5
Teen center	12-20-12	7
Christmas Party	12-21-12	12
Teen Center	12-26-12	4
Teen Center	12-27-12	0
Teen Center	01-02-13	5
Teen Center	01-03-13	5
Teen Center	01-04-13	3
Open Gym	01-04-13	18
Famous pizza	01-08-13	5
Teen Center	01-09-13	8

Teen Center	01-10-13		8
Teen Center	01-11-13		13
Open Gym	01-11-13		34
Teen Center	01-16-13	cancelled snow	0
Teen Center	01-17-13		6
Open Gym	01-18-13		10 25
Teen Center	01-21-13		2

Transitional students

Every Monday there is one student and one advisor

Tutoring Program 42 ^{plus} kids used the center from 12-19-12 thru 01-21-13

Pit Stop Coffee Shop

Lock in January 25 cost \$15.00

Information Discussion on Teen Dating Violence February 12

Tubing February in Woodbury cost \$ 25.00