



COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

COMMISSION ON AGING
1 SCHOOL STREET
BETHEL, CT 06801

The meeting of the Commission on Aging for December 14, 2009 was called to order at 2:34 P.M. by Chairman Al Barney.

Members present: Chairman Al Barney, Treasurer Lou Walsh, Director Kathy Oles, Commissioner Jim Newell, Commissioner Barbara Negri and Commissioner Mary O'Leary.

Minutes from the meeting of November 9, 2009 were distributed and accepted as read.

Municipal Agent's Report: None submitted.

Director's Report: Distributed and accepted as read.

Treasurer's Report: Distributed and accepted as read.

Old Business: Director Oles stated that the needs assessment with the architect for renovation of the Senior Center should be placed on hold until we secure the Visiting Nurses' office space. She noted that informing First Selectman Matt Knickerbocker of our interest in the VNA space is priority. Chairman Barney announced that he and Director Oles will be meeting with the First Selectman on December 15.

New Business: Chairman Barney presented the COA 2010 Meeting Schedule. A motion was made by Commissioner O'Leary to accept the schedule. That motion was seconded by Treasurer Walsh. Director Oles discussed the new budget.

Miscellaneous (Good of the Order): None.

The meeting was adjourned at 3:40 p.m. by Chairman Barney. Next scheduled meeting is Monday, January 11, 2010.

Respectfully submitted,

Kay H. Visconti
Secretary, Commission on Aging

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Commissioners' Report Nov-Dec 14, 2009

During the months of October and November, the Bethel Senior Center had quite a few special events as well as our standard group of regular programming. On October 8th, we had a special meeting concerning VA benefits. Over 80 people attended. Also, during October, Visiting Angels did a program on meditation and Senior Helpers provided lunch one day. Seasonal flu shots were very hard to come by this year. Only two clinics were held at the Senior Center during these two months. We were scheduled to have six.

In November we went on our cruise, which was very nice, and a trip to see the Musical 42nd Street. Actually we went twice to see 42nd Street. The lights went out at the beginning of the first performance. Our Veterans Breakfast was attended by over 120 vets and/or their wives. Billy Michael was enjoyed by everyone. Also in November, we held a very successful Craft Fair which included the sale of raffle tickets for our Quilt, 85 apple and pumpkin pies, over 200 hot dogs, and many craft and knitted items.

We distributed 1,900 newsletters in both months of October and December. Visiting the Center, we had an average of 106 people/day in October and 112/day in November. Bill Caron, from American Senior Resources, was here on November 17th to talk about Part D prescription Drug plan. He has been so helpful to our Senior. Our two students from Western Connecticut U. were very help to us. They helped us get ready for parties and the Craft Fair. One of them created (by accident) a problem with our mailing list. Luckily Heather saved the day.

On December 7th, we had Jeff Bailey from Bailey and Johnson Architectural Firm come and talk about upgrading our Senior Center. Many questions were asked. This is something that we should seriously consider for the future of our Senior Center.

We are running our Line dance class differently this year. We are doing 10 week sessions and collecting the fee ahead of time. It seems to be better because people will usually show up if they have already paid. No one can start in the middle of a session. We are doing monthly sessions in Zumba Gold. Seniors pay one fee for the whole month (\$2 x the number of weeks) and another fee (\$3 a class) by the week.

Coming up on December 18 we will be having our Christmas Party in the all purpose room. We hope you all can take part in this fun celebration. Happy Holidays!
will be having

Trips in 2010

February 24-25	UCONN Women's Basketball Turning Stone Casino cost \$183
March 11 th	Dublin's Irish cabaret at Chez Josef-cost \$82
March 27 th	Big Band Concert -\$38
June 24 th	Sugar at the Westchester \$77

Respectfully submitted,

Kathleen Oles, Director Bethel Senior Center

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MEETING AGENDA

Date January 11, 2010, 2.30:p.m.

MEETING PLACE: Clifford Hurgin Municipal Center
Senior Center Conference Room

1. Minutes of last meeting.
2. Report – Bethel Municipal Agent for the Elderly
3. Report - Director, Bethel Senior Center
4. Report - Treasurer
5. Old Business.
6. New Business.
7. Miscellaneous.

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BETHEL COMMISSION ON AGING

2010 Meeting Schedule

All meetings will be held in the Senior Center Conference room of the Clifford Hurgin Municipal Center at 2:30 PM on the dates indicated.

Monday, January 11

Monday, February 8

Monday, March 8

Monday, April 12

Monday, May 10

Monday, June 14

Monday, September 13

Tuesday, October 12

Monday, November 8

Monday, December 13

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