# COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for October 14, 2014 was called to order at 2:35 p.m. by Chairman Al Barney.

Members present: Commissioners Al Barney, Mary Menti, Barbara Negri, Judy Novachek, Kay Visconti and Municipal Agent/Director Lisa Plumb.

**Minutes from the meeting of September 8, 2014:** Distributed. A motion to accept the report was made by Treasurer Novachek and seconded by Chairman Barney. All were in favor.

**Municipal Agent's Report:** Distributed by Municipal Agent Lisa Plumb. A motion to accept the report as read was made by Treasurer Novachek and seconded by Commissioner Visconti. All were in favor.

**Director's Report:** Distributed by Director Lisa Plumb. A motion to accept the report as read was made by Commissioner Negri and seconded by Commissioner Visconti. All were in favor.

**Treasurer's Report:** Distributed by Treasurer Novachek. A motion to accept the report was made by Chairman Barney and seconded by Commissioner Negri. All were in favor.

**Old Business:** Director Plumb made the following statement regarding the upcoming holiday party at Cappellaro's Grove: It was decided that the charge for the party would be what the cost will be. It was determined that $28.00 would be the cost which has been published in the newsletter. Chairman Barney stated that if we need to supplement the cost, it can still be addressed with the Friends of Bethel Seniors.

- Chairman Barney inquired into the progress of the Policy and Procedure book that Director Plumb is preparing. She stated that she is still working on it and will be discussing it with the Selectman's Office. She also stated that she will make completing the project a priority.

- Commissioner Visconti asked if we have anything new on the computers. Director Plumb stated that some "newer" computers were donated to the senior center from the library. There is a need to upgrade the computers before tax season and the IT person said that it can be done with the equipment that we have.

- Treasurer Novachek asked if the old organ in the back hall has been disposed of yet. Director Plumb stated, "No, not yet. It has to be brought to the dump."

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- Treasurer Novachek asked if the old organ in the back hall has been disposed of yet. Director Plumb stated, "No, not yet. It has to be brought to the dump."

- Chairman Barney brought up the subject of the ceiling and lighting in the activity room which is to be redone. Director Plumb said that she would continue to follow up on the matter with First Selectman Knickerbocker.

**New Business:** It was noted that a new tap dance instructor has been hired and classes are held on Mondays at noon.

- Director Plumb stated that she has sent out post cards to members who have not been to the senior center in three months asking them to come back and offering them a free lunch. To date, she has received four responses. "Thank you so much for the post card and we're back!"

- Chairman Barney asked Director Plumb if she was going to publish a list of trips for next year. She stated that it is ready and should be published in November's newsletter as an insert.

**Miscellaneous (Good of the Order):** None.

The meeting was adjourned at 3:30 p.m. Next scheduled meeting is 2:30 p.m. on **Monday, November 10, 2014.**

Respectfully submitted,

Kay H. Visconti

Kay H. Visconti
Secretary, Commission on Aging

# BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center
1 School Street, Bethel, CT. 06801
Telephone: 203-792-3048; Fax: 203-744-3812

## Municipal Agent Report

## 10-14-14

The BSC is continuing to work on a brochure that can be handed out with information on local housing options.

Many senior citizens have requested information the Medicare Open Enrollment period. They were encouraged to attend Bill Caron's presentation on 10-10-14.

Lisa Plumb met with a woman on two occasions that would be "homeless in a month", she stated. The BSC member was given several options of area housing and assistance programs. She has moved successfully into Reynold's Ridge and is thrilled to be able to continue to live in Bethel.

Lisa Plumb met with a Bethel resident in her home in Bethel per referral of her daughter who resides in Florida. The daughter had several reports from local people that her mother is showing signs of dementia. The daughter was upset on the phone and needed guidance and reassurance. After Lisa visited with the woman in her home the daughter was called and had decided to take time off to visit with her mother for a week and make the necessary arrangements.

Lisa Plumb sent a letter to a Bethel senior citizen who was referred by Laura Vasile, Health Director, for a variety of reasons including financial and housing. Lisa sent a letter to the Bethel resident who did not respond.

Lisa Plumb
10-14-14

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**Commission on Aging - Senior Center Director's Report**
10-14-14

**OLD BUSINESS**

The flag and pole that had been ordered arrived.
The staff is getting good feedback from the Holiday party planned to be held at Michaels's at the Grove in Bethel. 25 are signed up to date. The cost is $28.
The Halloween party has about 35 members signed up to date.
There are 28 members signed up for the Veteran's breakfast to date.
Bill Caron and his son, Clay did a presentation on 10-10-14 on Medicare and the Open Enrollment period. The presentation was well attended by 40 members.
The man that was banned from the Senior Center has returned as of September 1. There have been no additional incidents to date. His behavior has been appropriate.
The new Caring for the Caregiver course is growing in popularity. Each week the BSC has telephone calls of people inquiring and new people joining the group. The group has a total of 8.
We are continuing to take recipes for a BSC Cookbook that is being compiled.

**NEW BUSINESS**

The staff is finalizing the trip and special event calendar for 2015 with a goal to complete the list by November 1. Many members have given ideas and suggestions throughout the year that are being considered.
Our loan closet is very low with items to be loaned out to people in the community. An ad was placed on the Comcast Community Service station, channel 23 for advertising both donations needed and loans available.
A new Tap for Seniors class has started on Mondays at noon with a new instructor. The instructor is quite enthusiastic to be working at the BSC. She has several certifications and is interested in teaching additional classes. We are approaching her to teach an afternoon Zumba class. The new tap dance class is being advertised in the newsletter and on the public service station with Comcast.
The renovation of a room at the BSC is being considered by the Triumph group that renovated the cafeteria last year. Electricians have been in to give quotes to additional work that needs to be done. The Triumph employees, a group of Engineers, have visited to view the rooms to be renovated and work that is requested to be done.

VOLUNTEERS

1 student volunteer and job coach weekly from Bethel High School.

ACCIDENTS / INCIDENTS

none reported.

Lisa Plumb
10-14-14